Advances in healthcare are the furthest thing from her mind.

Her focus is elsewhere most days. That’s fine, because quality healthcare is our main focus. We invest in the latest technology and in highly trained staff, making sure we are able to provide you with the leading-edge treatment and specialists you need. No matter how high tech we become, one thing never changes – how much we care.

CANTON-POTSDAM HOSPITAL
BREAKTHROUGHS EVERY DAY

CPHospital.org
Dear Fort Drum Soldiers and Families,

On behalf of everyone at Health Net Federal Services, Inc. (Health Net), I thank you for the service and sacrifice you and your family makes to protect our freedom and the American way of life. For those of you who are just returning from overseas, welcome home! We hope this time is well spent reconnecting with your family.

Life is always changing. A new baby is born. Orders for a permanent change of station are issued. Preparations for deployments must be made. Through all of life’s transitions, our goal at Health Net is to make sure that your TRICARE benefits provide you and your family with quality health care. The accompanying tips can help you make the most of your TRICARE benefits at Guthrie Ambulatory Healthcare Clinic (GAHC) and Conner Troop Medical Clinic (CTMC).

We hope you find these tips helpful and we welcome you to share how we can continue to improve your care at GAHC and CTMC. Thank you for allowing us to serve you and your family. It is an honor to provide quality health care to you and your loved ones.

Sincerely,

Steven Tough
President, Health Net Federal Services

ACCESSING CARE AT FORT DRUM

The professionals at Fort Drum’s Primary Care Clinics are ready to serve your medical needs at GAHC, primarily designated for family members, and CTMC, exclusively for Soldiers. If your Primary Care Manager’s (PCM) availability conflicts with your schedule, you may visit the Fort Drum Acute Care Clinic, located in GAHC, which has appointments available from 0900-2100, seven days a week. This option allows you to be seen promptly — avoiding out-of-pocket expenses, additional paperwork and inconvenient wait times. Please call 772-APPT (772-2778) to schedule an appointment and for more information.

GUTHRIE’S TRICARE SERVICE CENTER (TSC)

Your full service TSC is located in GAHC, room 415. The TSC is staffed with caring professionals who can assist you with all TRICARE questions, including benefits, enrollment, claims, referrals and general information. The Guthrie TSC is a walk-in only operation and is open Monday through Friday, excluding holidays, from 0730-1600. For assistance by telephone, please call our toll-free Customer Service Line at 1-877-TRICARE (1-877-874-2273).

BEHAVIORAL HEALTH SERVICES

We understand that families face unique challenges before, during, and after deployments, and we encourage all Soldiers and their families to use the resources available to help make each transition easier. Behavioral health services are available from the Behavioral Health Department located in buildings T-27, T-28, and T-29, behind Wilcox Dental Clinic, just off First Street and Lewis Avenue. To make an appointment, please call 772-APPT (772-2778). Families can receive behavioral health services on post or from local community providers. To locate a network community provider, simply visit www.healthnetfederalservices.com, click on Beneficiary and then Find a Provider. For emergency behavioral health situations, please call the 24-hour crisis line at 785-4516 to speak with someone immediately or visit the Emergency Department of the nearest hospital.

TRICARE RESOURCES ONLINE

You can access numerous resources about your TRICARE benefits on our Web site at www.healthnetfederalservices.com, including the Network Provider Directory, Information about TRICARE benefits, TRICARE Prime enrollment, authorizations for care, claims features, forms, program brochures and handbooks.
# Index

<table>
<thead>
<tr>
<th>Category</th>
<th>Page Numbers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Allergist</td>
<td>5, 6</td>
</tr>
<tr>
<td>Beds &amp; Lift Chairs</td>
<td>23</td>
</tr>
<tr>
<td>Cancer Treatment</td>
<td>15, 16, 23</td>
</tr>
<tr>
<td>Chiropractic</td>
<td>6, 7</td>
</tr>
<tr>
<td>Dentistry</td>
<td>7, 24, 25</td>
</tr>
<tr>
<td>Dermatology</td>
<td>8</td>
</tr>
<tr>
<td>Emergency Care</td>
<td>25, 26</td>
</tr>
<tr>
<td>Family Counseling</td>
<td>26</td>
</tr>
<tr>
<td>Family Health Care</td>
<td>28, 29</td>
</tr>
<tr>
<td>Gastroenterology</td>
<td>9</td>
</tr>
<tr>
<td>General Surgery</td>
<td>9, 10, 11</td>
</tr>
<tr>
<td>Gerontologist</td>
<td>11</td>
</tr>
<tr>
<td>Hospice</td>
<td>27</td>
</tr>
<tr>
<td>Hospital</td>
<td>2, 3, 27, 30, 31, 32, 33</td>
</tr>
<tr>
<td></td>
<td>34, 35, 36, 37, 48</td>
</tr>
<tr>
<td>Internal Medicine</td>
<td>11</td>
</tr>
<tr>
<td>Insurance</td>
<td>4, 47</td>
</tr>
<tr>
<td>Laser Vision Correction</td>
<td>12, 38</td>
</tr>
<tr>
<td>Medical Center</td>
<td>39</td>
</tr>
<tr>
<td>Medical Supplies</td>
<td>38, 40</td>
</tr>
<tr>
<td>Midwife</td>
<td>12</td>
</tr>
<tr>
<td>Neuro Surgery</td>
<td>12, 13</td>
</tr>
<tr>
<td>OB GYN</td>
<td>13, 14, 15</td>
</tr>
<tr>
<td>Oncology</td>
<td>15, 16, 23</td>
</tr>
<tr>
<td>Ophthalmology/Optometry</td>
<td>16, 17, 18, 40, 41</td>
</tr>
<tr>
<td>Orthotics/Prosthetics</td>
<td>19, 42</td>
</tr>
<tr>
<td>Pharmacy</td>
<td>42, 43</td>
</tr>
<tr>
<td>Pain Management</td>
<td>19</td>
</tr>
<tr>
<td>Physical/Occupational Therapy</td>
<td>20, 21</td>
</tr>
<tr>
<td>Planned Parenthood</td>
<td>21, 44</td>
</tr>
<tr>
<td>Podiatry</td>
<td>22</td>
</tr>
<tr>
<td>Public Health</td>
<td>44</td>
</tr>
<tr>
<td>Retirement Home</td>
<td>45</td>
</tr>
<tr>
<td>Substance Abuse</td>
<td>46</td>
</tr>
<tr>
<td>Urology</td>
<td>22</td>
</tr>
<tr>
<td>Women’s Health</td>
<td>13, 14, 15, 46</td>
</tr>
</tbody>
</table>

## ALLERGIST

**LUDWIG EDWARD KHOURY, M.D.**

**ALLERGY CARE PLLC**  
161 Clinton Street  
Watertown, NY 13601  
(315) 782-6200  
(315) 788-1100  
Medical School: University of Western Ontario, Ontario, Canada, University of London  
Specialty: Allergies, Asthma & Immunology  
Length in Practice: 14 Years
ALLERGIST

LEWIS D. YECIES, M.D.
531 Washington St., Suite 4122
(315) 782-4365
Medical School: University of Pennsylvania
Residency: Washington University - Barnes Hospital and St. Louis Childrens Hospital
Specialty: Allergy, Asthma and Clinical Immunology
Length in practice: 24 years

CHIROPRACTIC

BECKY KESHMIRI, D.C.
NORTHERN LIGHTS CHIROPRACTIC AND SPINAL DISC REGENERATION CENTER
1116 Arsenal St., Watertown NY 13601
(315) 782-7166
Medical School: Life University, Marietta, GA.
Specialty: Full spine diversified, numerous techniques, Vax-D Spinal Decompression Therapy. One of only eight doctors in the state that has this machine.
Length in Practice: 13 years

DANIELLE L. LUNDY, D.C.
CHIROPRACTIC WELLNESS CENTER OF NNY
Two Locations:
Historic Madison Barracks
107 Barracks Drive, Sackets Harbor, NY 13685
Freedom Plaza 26121 Route 11, Suite 5
Evans Mills, NY 13637
(315) 646-3777, (315) 629-4222
Medical School: New York Chiropractic College of Seneca Falls, NY
Specialty: Complete Chiropractic care, including: Flexion Distraction, Diversified, Sacral Occipital, Activator, Soft Tissue Therapy, and Kinesiology
Member: American Chiropractic Association, International Chiropractic Association, New York State Chiropractic Association
Length in practice: 1 year
DALE S. PORTER, D.C.
Porter Chiropractic Health Care
1155 Coffeen Street, Watertown, NY 13601
(315) 782-4700
www.porterhealthcare.com
Medical School: Palmer College of Chiropractic, Davenport, Iowa; and Cornell University, Ithaca, NY
Specialty: Advanced non-invasive chiropractic techniques using applied kinesiology and muscle testing.
Length in Practice: 19 years

STEELSON SCHWELNUS
SCHWELNUS CHIROPRACTIC
153 E. Main St., Gouverneur 13642
(315) 287-1070 Fax 287-0290
Chiropractic School: N.Y. Chiropractic College
Specialty: Chiropractic
Length in Practice: 12 years

DEAN M. CHRISTMAN, D.M.D.
2 South Main
Philadelphia, NY 13673
(315) 642-0318
Medical School: Tufts University, Boston, MA
Specialty: General Dentistry
New Patients Welcome!

Long time participators with United Concordia would like to announce our new participation with Delta Dental
JOAN D. HAWTHORNE, FNP-C
26495 NYS Rte 3
Watertown, NY 13601
(315) 786-1924
Nursing School: Community General Hospital
Specialty: Dermatology
Length in Practice: 4 years

JUDY MURPHY, NP-C
CLAXTON-HEPBURN’S MEDICAL OFFICE BUILDING
3 Lyons Place, Ogdensburg, NY 13669, will be moving to 39
West Main Street, Canton, NY 13617 after April 1, 2008
393-0726 (phone number after April 1, 2008, 379-9172)
Medical School: Family Nurse Practitioner Program at
Community General Hospital in Syracuse
Specialty: Dermatology
Length in Practice: 7 years

CATHERINE O’BRIEN, FNP
26495 NYS Rte 3
Watertown, NY 13601
(315) 786-1924
Nursing School: University of Rochester
Specialty: Dermatology
Length in Practice: 4 years
GASTROENTEROLOGY

BEN HANDELSMAN, M.D.
3 Lyon Place Suite 305
Ogdensburg, NY 13669
(315) 393-9134
Medical School: Medical College of Wisconsin
Residency: UCLA Affiliate
Specialty: Gastroenterology
Length in Practice: 19 years

GENERAL SURGERY

DANIEL C.S. ELLISON, M.D., F.A.C.S.
Lewis County General Hospital
7785 N. State Street
Lowville, NY 13367
(315) 376-5473
Medical School: SUNY Upstate Medical University
Residency: University of Connecticut, New Britian General Hospital
Specialty: Board Certified General Surgery
Length in practice: 30 years

LEO J. GOSSELIN, JR., M.D., F.A.C.S.
1571 WASHINGTON STREET, SUITE 103
WATERTOWN, NY 13601
782-0325
Medical School: The University of Vermont College of Medicine
Residency: Maine Medical Center, Portland, Maine
Specialty: General Surgery
Length in practice: 10 years
GENEAL SURGERY

ROBERT O. KIMBALL, M.D., F.A.C.S.
428 Washington Street, Suite 1, Watertown, NY 13601
(315) 782-1505 • Fax (315) 788-3630
Office Hours: 8:30 to 5:00 M-F
Phones & office open during lunch hours
Medical School: Columbia University, New York, NY
Residency: Eisenhower Army Medical Center
Certification: American Board of Surgery
Specialty: General, Breast, Vascular, Thoracic and
Laparoscopic Surgery. Referral not necessary, new
patients welcomed. All new patients are seen promptly.
Length in Practice: 19 years
Participating provider with most insurance

WALTER A. MINAERT, M.D., F.A.C.S.
NORTH COUNTRY SURGEONS
21017 NYS Rt. 12F (Outer Coffeen Street)
(315) 782-1990 or (800) 560-1990
Medical School: University of Vermont, Burlington, VT
Certification: American Board of Surgery
Residency: St. Joseph’s Hospital, Syracuse N.Y.
Specialty: Office based surgeries and consultations
Length in Practice: 31 years
Hospital affiliation with
Samaritan Medical Center
Participating with most insurances

DAVID F. ROSNER, M.D.
40 Franklin St., Suite 4, Carthage, NY 13619
(315) 493-4338
Medical School: Universidad Autonoma
DeGuadalajara, Guadalajara, Mexico
Residency: New York Medical College/Lincoln Hospital,
Bronx NY
Internship: New York Medical College - Metropolitan
Hospital, Manhattan, NY
Specialty: General Surgery, including state-of-the-art
non-invasive outpatient procedures
Celebrating 20 years of providing surgical care to
Northern New York
JAMES V. STILLERMAN, M.D.
LEWIS COUNTY GENERAL HOSPITAL
7785 North State St., Lowville, NY 13367
(315) 376-5019
Medical School: New York Medical College
Residency: Abington Memorial Hospital, Abington, PA
Specialty: Board Certified General Surgeon
Length in practice: 26 years

JAN K. TURCOTTE, M.D.
WATERTOWN SURGICAL GROUP, P.C.
428 Washington St., Suite One Watertown, NY
(315) 788-2400 • Fax (315) 788-3630
Office Hours: 8:30 to 5:00 M-F
Phones & office open during lunch hours
Medical School: Medical College of Wisconsin, Milwaukee, WI
Certification: American Board of Surgery
Staff Appointment/Year: 1980
Clinical Interests: Comprehensive Breast Care including conventional and minimally invasive surgery (needle biopsies). Colonoscopy & minor office surgery. Referral not necessary, new patients welcomed. All new patients are seen promptly. We accept most insurances, managed care and P.P.O. Programs.

YUSEF HAZIMEH, M.D.
77 West Barney Street
Gouverneur, NY 13642
Phone: 315-535-9374
Medical School: American University of Beirut, Lebanon
Fellowship in: Gerontology at Indiana University, Indianapolis, Indiana
Residency: SUNY Upstate Medical Center
Specialty: Board Certified Internal Medicine/Gerontologist
Length in practice: Since 2007
LASER VISION CORRECTION

DANIEL SAMBURSKY, M.D. FACS
LASIK MD, Syracuse
315-413-0888 / 1-866-366-2020
Medical School: The State University of New York (SUNY) Upstate Medical School, Manhattan Eye, Ear and Throat Hospital, Wilmer Institute at John Hopkins Hospital
Specialty: Refractive and corneal surgery, Ophthalmology and ocular surgery
Number of procedures: Over 18,000 procedures

MIDWIFE

NICOLETTE VALLANDIGHAM, C.N.M
WOMEN’S WAY TO WELLNESS
CARTHAGE AREA HOSPITAL
3 Bridge St., Suite 8, Carthage, NY
315-493-3100
School: MSN - Case Western Reserve
Midwifery: Frontier School of Midwifery and Family Nursing
Specialty: Midwifery, OBGYN
Length in practice: 7 years

NEUROSURGERY

JOHN KRAWCHENKO, M.D.
629 Washington Street
Watertown, NY 13601
Office: 782-5822; Fax: 782-2577
Practice Affiliation: Owen & Krawchenko, M.D.’s PC
Staff Appointment Year: 1985
Medical School: SUNY Upstate Medical Center, Syracuse, NY 1969
Postgraduate Training: SUNY Upstate Medical Center, Syracuse, NY; Parkland Hospital, Dallas, TX
Certification: American Board of Neurological Surgery
Specialty: Neurosurgery
NEUROSURGERY

MICHAEL P. OWEN, M.D.
629 Washington Street
Watertown, NY 13601
Office: 782-5822; Fax: 782-2577
Practice Affiliation: Owen & Krawchenko, M.D.’s PC
Staff Appointment Year: 1985
Medical School: SUNY Upstate Medical Center, Syracuse, NY 1973
Postgraduate Training: Case Western Reserve University Hospital, Cleveland, OH
Certification: American Board of Neurological Surgery
Specialty: Neurosurgery

OB/GYN

ASHRAF ALY, M.D.
LEWIS COUNTY GENERAL HOSPITAL
7785 North State St., Lowville, NY 13367
(315) 376-5475
Medical School: Faculty of Medicine, Cairo University Hospitals, Cairo, Egypt
Residency: Cairo University Hospitals, Cairo, Egypt and SUNY at Buffalo, Buffalo, NY
Specialty: Board Eligible in Obstetrics & Gynecology
Length in Practice: 3 years

E. DARRYL BARNES, M.D.
PHYSICIAN TO WOMEN, P.C.
OBSTETRICS AND GYNECOLOGY
428 Washington St., Suite 4, Watertown, NY 13601
(315) 788-0202
Medical School: Emory University
Residency: Johns Hopkins
Specialty: Bone Health, Pregnancy & Delivery, Family Planning, Women’s Health, GYN Surgery, Cancer Screening
Length in Practice: 32 years
OB/GYN

GERARD A. CRAWFORD, II, M.D.
LEWIS COUNTY GENERAL HOSPITAL
7785 North State St., Lowville, NY 13367
(315) 376-5475
Medical School: St. Georges University School of Medicine, Grenada, W.I.
Residency: Kings County Hospital, SUNY Downstate, Brooklyn, NY
Specialty: Board Certified in Obstetrics & Gynecology
Length in Practice: 22 years

JOSEFINA TAN - DOMINGO, M.D.
LEWIS COUNTY GENERAL HOSPITAL
7785 North State St., Lowville, NY 13367
(315) 376-5475
Medical School: University of Santo Tomas
Residency: St. Luke-Roosevelt Hospital, NY, NY
Specialty: Board Certified Obstetrics & Gynecology
Length in Practice: 33 years

HUGH P. FORBES, M.D.
3 Bridge St., Suite 8
Carthage, NY 13619
(315) 493-3100, 493-9194
Medical School: University of Medicine & Dentistry of New Jersey
Residency: Bronx Lebanon
Specialty: OB/GYN
Length in Practice: 13 years
OB/GYN

RICHARD G. HOFMAN, M.D.
3 Bridge St., Suite 8
Carthage, NY 13619
(315) 493-3100
Medical School: Autonomous University of Guadalajara, Mexico
Residency: Misericordia Hospital and Metropolitan Hospital New York, NY
Specialty: OB-GYN
Length in Practice: 23 years

ONCOLOGY

DAY HILLS M.D.
NORTH COUNTRY ONCOLOGY-HEMATOLOGY
531 Washington St., Suite 1000
Watertown, NY 13601
(315) 788-7990
Medical School: Cornell Medical School
Fellowship: New York University
Board Certified Medical Oncology and Internal Medicine
Length in Practice: 6 Years

JOHN J. POGGI M.D.
NORTH COUNTRY ONCOLOGY-HEMATOLOGY
531 Washington St., Suite 1000
Watertown, NY 13601
(315) 788-7990
Medical School: Loyal Stritch School of Medicine Chicago, Ill
Fellowship: University of Rochester, Strong Memorial Hospital
Board Certified: Medical Oncology, Hematology and Internal Medicine
Length in Practice: 28 Years
ONCOLOGY

CHARLES F. ROMANO M.D.
NORTH COUNTRY ONCOLOGY-HEMATOLOGY
531 Washington St., Suite 1000
Watertown, NY 13601
(315) 788-7990
Medical School: University of Maryland, Baltimore, MD.
Fellowship: The Pennsylvania State University, Hershey PA.
Board Certified: Medical Oncology Geriatrics and Internal Medicine
Length in practice: 23 Years

OPTOMETRY

GRACE Y. BURKE. O.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Optometry School: New England College of Optometry
Specialty: Optometry, Contact Lenses and Low Vision
Length in practice: 15 years

MARK HERSHOWITZ, O.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Optometry School: Pennsylvania College of Optometry
Specialty: Optometry, Contact Lenses, Co-Management of Cataracts, treatment of ocular diseases
Length in practice: 25 years
RONALD J. KNOX, O.D.
1000 Washington Street, Watertown, NY 13601
7785 No. State Street, Lowville, NY 13367
(315) 786-3937  376-8159
Medical School: Illinois College of Optometry
Specialty: Optometry, Contact Lenses,
Lasik Post-Op Care
Length in practice: 25 years

JONATHAN LUDLOW, O.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Medical School: Illinois College of Optometry
Specialty: Optometry
Length in practice: 8 years

CHARLIE METZLER, O.D.
25737 US Route 11 Evans Mills, NY 13637
Access from Fort Drum on Rt. 11
315-629-4316
Medical School: State University of NY College of Optometry
Specialty: Childrens Vision, Contact Lenses, General Optometry
Length in practice: 30 years
SHAFIQ JIVANJEE, M.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Medical School: Tufts University School of Medicine
Residency: Albany Medical Center/Lyons Eye Institute
Specialty: Ophthalmology
Length in practice: 6 years

DEBRA A. KOLOMS, M.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Medical School: Loyola University Stritch School of Medicine
Residency: Loyola/Hines VA Hospital
Specialty: Ophthalmology
Length in practice: 23 years

NOAMAN SANNI, M.D.
CENTER FOR SIGHT/WATERTOWN EYE CENTER
PH: 315-788-6070 FAX 315-788-1950
Medical School: Dow Medical College
Residency: University of Chicago Hospital
Specialty: Ophthalmology
Sub Specialty: Corneal and Refractive Surgery
Length in practice: 13 years
ORTHOTICS/PROSTHETICS

DONALD W. HOLMES, CPO
NORTHERN ORTHOPEDIC LABORATORY, INC.
Watertown - 1012 Washington Street
Syracuse - 600 East Genesee Street, Suite 114
Ogdensburg - 3 Lyons Place, 3rd Floor, Suite 306
Potsdam - 59 Main Street, Suite 300
(315) 782-9079 Fax: (315) 782-7545

Education: Northwestern University Medical School, Chicago, IL
Certification:
- Prosthetics - American Board for Certification in Orthotics and Prosthetics - 1971- present
- Orthotics - American Board for Certification in Orthotics and Prosthetics - 1978 - present

Prosthetic Specialty: Design, Fit & Fabricate Prosthetics (Artificial Limbs), Upper & Lower Extremity
Orthotic Specialty: Design, Fit & Fabricate (Braces) Including Spinal, Upper & Lower Extremity, Custom and Prefabricated Knee, Ankle and Wrist Braces

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HOWARD ORTHOTICS & PROSTHETICS, LLC
316 Sherman Street, Watertown, NY 13601
(315) 786-8973 Fax: (315) 786-7993
email: howardo&p@imcnet.net

Education: St. Lawrence University, Canton NY
- Northwestern University Medical School Chicago, IL
Upper Extremity Fellowship: O&P Rehabilitation Engineering Center, Warren, OH
Certification: American Board for Certification in Orthotics and Prosthetics, Inc.
Specialty: Custom Fabricate and Fit Prosthetics (Artificial Limbs) and Orthotics (Braces)

Length in Practice: 15 years
Office Appointment: Accepting New Patients. Presently contracting with most insurance companies.
“Designs for your Lifestyle”

PAIN MANAGEMENT

LAWRENCE M. LITTELL, D.O., Ph.D.
PRO HEALTH
629 Washington St.
Watertown, NY 13601
(315) 786-0464

Medical School: Western University of Health Sciences
Residency/Fellowship: University of Chicago
Residency: SUNY Upstate Medical University
Board Certified
Specialties: Interventional Pain Management, Psychiatry, Anesthesiology and Critical Care Medicine
Length in Practice: 14 years
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*Hand Therapy* - Specializing in
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- Fractures
- Arthritis
- Elbow, Forearm, Wrist & Hand Pain

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*Manual Therapy* - Specializing in
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- Back Pain
- Neck & Shoulder Pain
- Hip, Knee & Ankle Pain

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19 Hodskin St., Canton / 55 West 2nd St., Oswego
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---

**Johnna Wagoner Covey, MSPT**

*First-class care...made convenient & affordable*

Education: Nazareth College of Rochester, NY
Specialty: Mechanical Diagnosis and Therapy of the Spine; Myofascial Release; Prenatal Exercise
Length in practice: 7 years

**Sonya Dixon, PTA, CPT**

*First-class care...made convenient & affordable*

Education: Fayetteville TCC, Fayetteville, NC
Specialty: Certified Personal Trainer
Length in practice: 4 years
PHYSICAL/OCCUPATIONAL THERAPY

Monika Docteur, PT
First-class care...made convenient & affordable
Education: Russell Sage College, Troy, NY; JCC, Watertown, NY
Specialty: Mechanical Diagnosis and Therapy of the Spine; STRONG SENIORS: A Comprehensive Exercise Program For People With Or At Risk For Osteoporosis
Length in practice: 14 years
316 Sherman Street, Watertown, New York 13601
Tel. (315) 786-0655 • Fax (315) 786-7993
Email: ipts@westelcom.com

Cheryl Howard, PT, Cert. MDT
First-class care...made convenient & affordable
Education: Oxford University, England; Russell Sage College, Troy, NY
Specialty: Certified in Mechanical Diagnosis and Therapy of the Spine; Myofascial Release
Length in practice: 15 years
316 Sherman Street, Watertown, New York 13601
Tel. (315) 786-0655 • Fax (315) 786-7993
Email: ipts@westelcom.com

PLANNED PARENTHOOD

PLANNED PARENTHOOD OF NORTHERN NEW YORK, INC.
Health Centers in Watertown, Lowville, Ogdensburg, Gouverneur and Canton
1-800-230-PLAN for nearest Health Center
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Length in practice: Celebrating 41 Years in 2008
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WALTER H. MAJAK, D.P.M., P.C.
513 Washington Street - Suite 2
Watertown, NY 13601
(315) 782-4800
232 Ford St., Ogdensburg, NY 13669
(315) 394-6902
Medical School: Pennsylvania College of Podiatric Medicine
Residency: Northwest General Hospital, Milwaukee, WI
Specialty: Foot Surgery, General and Diabetic Foot Care
Length in Practice: 25 years

JAMES P. PELLETIER, D.P.M.
New Century Podiatry
18564 US Rt. 11 Suite 1, Watertown, NY 13601  785-FOOT
1001 West Street, Carthage, NY 13619   493-FOOT
Medical School : Pennsylvania College of Podiatric Medicine
Residency: Kern Hospital for Special Surgery, Warren, M.I.
Specialty: Podiatry
Length in Practice: 20 years

UROLOGY

WILLIAM TUONG, M.D.
UROLOGY CENTER OF NORTHERN NEW YORK
3 Bridge St.,
Carthage, NY 13619
(315) 493-4874
Medical School: Meharry Medical College
Residency: New York Medical College
Specialty: Urology
Length in Practice: 20 years
North Country Oncology-Hematology

531 Washington St. • Suite 1000 • Watertown

788-7990

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a service of Claxton-Hepburn Medical Center
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Suite 200
393-2611

Jamie Hynd, MD
Internal Med/Cardiology
Suite 200
394-7542

Michael Seidman, MD
Internal Med/Nephrology
Suite 200
394-7542

J. David Schaefer, MD
Otolaryngology
Suite 302
393-7955

Elizabeth Schaefer
Audiologist
Suite 302
393-7955

Kelly Scott, MD
Internal Medicine
Suite 200
394-7542

St. Lawrence Health Alliance, Inc.
3 Lyon Place, Suite 200, Ogdensburg, New York
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Internal Med/Nephrology
Suite 200
394-7542

Juan-Diego Harris, MD
Pain Medicine
Suite 200
394-7542

Azza Abo-deeb, MD
Pediatrics
Suite 303
394-9462

Robert DiGiacco, DO
Neurology
Suite 200
394-7542

James M'Loughlin, MD
Orthopedic Surgery
Suite 200
394-7542

Brian Kerrigan, DO
Family Practice
Suite 200
394-7542

Karinka Romanowska, MD
Internal Medicine
Suite 200
394-7542

Scott Beeles, RPA
Dr. Kelly Scott and
Hepburn Health Center
394-7542

Rita Crowley, PNP
Pediatrics
Hepburn Health Center
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“Independent Physicians Working Together To Improve Care”
Some of the things we do...

Adult Day Health Care  Nuclear Medicine  
Ambulatory Surgery  Obstetrics/Gynecology  
Cardiology  Occupational Medicine  
Cardiopulmonary  Occupational Therapy  
Diagnostic Imaging  Ophthalmology Program  
Emergency Medicine  Orthopedic Surgery  
Family Medicine  Pain Management  
General Surgery  Pediatric Medicine  
Internal Medicine  Physical Therapy  
Laboratory Services  Podiatry  
Medical Oncology  Respiratory Therapy  
Speech & Hearing  

The physicians and staff at Lewis County General Hospital are dedicated to the well being of their patients. Seventy-eight doctors, in various specialties, providing high quality patient focused healthcare.

We also offer 2 community based Family Health Centers in Beaver Falls and Lyons Falls

In April of 2008 we plan to open a state-of-the-art Sleep Laboratory. We also plan to open a Six Station Renal Dialysis Center in the second half of 2008

New Patients are Welcome For more information call our 24 hour physician referral service @ 376-5201

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- Podiatry
- Dental Services
- Eye Care
- Pastoral Care
- Wound Care
- Nursing Units Specializing in Dementia and Geri-psych

Short-Term Rehabilitation
Our short-term rehabilitation program offers comprehensive integrated services on a short-term basis. These services enable people to regain their strength and learn new skills to return home or to their prior level of functioning.

BEHAVIORAL HEALTH
- Mental Health Counseling
- Continuing Day Treatment
- Alcohol Substance Abuse Counseling

ELDER DAY CENTER
- Structured Day Programming to care for individuals who suffer memory loss or confusion
- Activities tailored to meet participants individual needs
- Respite and Support for Caregivers
- A stimulating social setting where participants can realize their fullest potential
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* Indicates a military physician with privileges at Samaritan Medical Center.
* Indicates Consulting basis only.
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<tr>
<td></td>
<td>Manita Santana-Garcia, MD</td>
<td>779-5060</td>
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<td></td>
<td>John Savino, DO</td>
<td>779-5060</td>
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<tr>
<td></td>
<td>Jud A. Staller, MD*</td>
<td>779-5060</td>
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<tr>
<td></td>
<td>Javier Y. Vargas, MD</td>
<td>765-4955</td>
</tr>
<tr>
<td>Pulmonology/Critical Care/Semology</td>
<td>Lawrence G. Kramer, MD</td>
<td>786-0254</td>
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<td></td>
<td>David P. Rechlin, DO</td>
<td>786-0254</td>
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<tr>
<td>Radiation Oncology</td>
<td>Daniel S. DeBiasio, MD</td>
<td>785-4600</td>
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<tr>
<td>Radiology</td>
<td>Robert G. Blackstock, MD</td>
<td>779-5200</td>
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<tr>
<td></td>
<td>Susanne Daye, MD</td>
<td>779-5200</td>
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<td></td>
<td>Daniel S. Gray, MD</td>
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<td></td>
<td>Patrick J. Langad, MD</td>
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<td>Daniel F. Nattell, MD</td>
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<td></td>
<td>Dean J. Phillips, DO</td>
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<td></td>
<td>Bong Geok Tang, MD</td>
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<td></td>
<td>Jeffrey D. Way, MD</td>
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<td></td>
<td>Daniel J. Weber, MD</td>
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<tr>
<td>Rheumatology</td>
<td>Charles A. Wasielek, MD</td>
<td>782-5523</td>
</tr>
<tr>
<td>Thoracic Surgery</td>
<td>Robert J. Johnson, MD</td>
<td>782-1990</td>
</tr>
<tr>
<td>Urology</td>
<td>Seetharaman Ashok, MD</td>
<td>782-7230</td>
</tr>
</tbody>
</table>
Visit www.cphospital.org/physicians for a current listing of our physicians.

To make an appointment for clinical services listed below, contact your primary caregiver. If you have a referral, contact Central Scheduling, or contact any of the departments below for more information about our services. All area codes are (315).

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
<th>Location</th>
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<tbody>
<tr>
<td>Main Switchboard</td>
<td>265-3300</td>
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<tr>
<td>Afterhours Health Care Clinic</td>
<td>386-3300</td>
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<tr>
<td>Birthplace</td>
<td>261-5965</td>
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<tr>
<td>Laurie Mousaw, Certified Nurse</td>
<td>261-7180</td>
<td>Midwife</td>
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<tr>
<td>Cancer Care</td>
<td>268-9314</td>
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<tr>
<td>Warner Cancer</td>
<td>261-5920</td>
<td>Treatment Center</td>
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<tr>
<td>Cardiology</td>
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<td>Cardiac Imaging</td>
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<td>Cardiopulmonary Rehabilitation</td>
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<tr>
<td>External Counterpulsation (ECP)</td>
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<td>Central Scheduling</td>
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<td>Chemical Dependency</td>
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<td>Corporate Communications</td>
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<td>Foundation</td>
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<td>Human Resources</td>
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<td>Imaging Center</td>
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<td>Laboratory Services &amp; Pathology</td>
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<tr>
<td>Potsdam Location</td>
<td>261-5940</td>
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<tr>
<td>Canton Location</td>
<td>261-5945</td>
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<td>Lifeline</td>
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<td>Maternity</td>
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<td>Norfolk Community Health Center</td>
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<td>Nutrition Counseling</td>
<td>261-5351</td>
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<tr>
<td>Physical Rehabilitation</td>
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<tr>
<td>Canton Location</td>
<td>261-5490</td>
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<tr>
<td>(E.J. Noble Building)</td>
<td>261-5460</td>
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<tr>
<td>Potsdam Location</td>
<td>261-5490</td>
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<tr>
<td>(Clarkson Hall)</td>
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<td>Prime Care Clinic</td>
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<td>Respiratory Services</td>
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<td>Sleep Disorders</td>
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<td>Laboratory</td>
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<td>Smoking Cessation</td>
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<td>Surgery</td>
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<td>Pre-operative Nurse</td>
<td>261-5975</td>
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</tr>
<tr>
<td>Volunteer Services</td>
<td>261-5413</td>
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</tbody>
</table>
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As a Health Center patient, you also have access to the many skilled specialty practitioners and services at Lewis County General Hospital. Our Family Medicine physicians are a great point of access to other healthcare specialties both through Lewis County General Hospital and other providers. Our primary concern is getting you the best care possible by accessing your needs, treating your ailments or referring you to a qualified specialist.

We believe strongly that this can still be done in the old fashioned, caring way by encouraging a strong relationship with your family physician. We promise you that we will do our best to listen to you, care for you, and bring you quality medicine in the same home town way you have grown accustomed to over the years. We thank you for the trust you have placed in us.

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Dr. Jamie Hynd 769-4340

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Dr. Rosemarie Heisie 769-4243
Dr. Michael Casares 769-4243
Dr. Erik St. Pierre 769-4243
Dr. John Arber 769-4243

Family Practice
Dr. John Burnett 764-0501
Dr. Maria Cuda 764-1444
Dr. Michelle Edwards 389-4525

Gastroenterology
Dr. Luis Canales 769-1667
Dr. Maureen Daye 769-1463

General Surgery
Dr. Suhail Daye 769-2087
Dr. Byung Lim 769-6081
Dr. Sanjay Shah 764-7318

Internal Medicine
Dr. Luis Canales 769-1667
Dr. Joanne Cichetti 764-1121

Internal Medicine (Cont.)
Dr. Neil Cichetti 764-1121
Dr. Nimesh Desai 769-0027
Dr. Mukta Gupta 769-1099
Dr. Jayanthi Jhaeri 764-0221
Dr. Roger Sullivan 764-1085

Neurology
Neurology
Dr. Laura Carbone 705-0101
Dr. Craig Hurwitz 705-0101
Dr. Ronald Malseptic 705-0101

Oncology
Dr. Priti Mandalaywala 769-4257

Ophthalmology
Dr. Gary Torbe 769-2484

Ob/Gyn
Dr. Tae-Sik Choi 764-0265
Dr. Kaye A. Douglas 764-0265
Dr. Deborah Duell 764-0265
Dr. Miljan Stankovic 769-4200

Orthopedics
Dr. Bedros Bakirtzian 769-9908
Dr. Donald Henline 265-6494

Otolaryngology (ENT)
Dr. David Schaefer 393-7955

Oral Surgery
Dr. Stephen Fisher 769-3445

Pathology
Dr. Phillip Bridgman 769-4286
Dr. S. Scott Smith 769-4286

Pediatrics
Dr. S. Colt-Connaway 769-4700
Dr. Mostafa Ghassas 769-4700
Dr. Sanjeev Gupta 769-1099
Dr. Azhar Iqbal 769-4700

Pulmonology
Dr. Magendra Thakur 769-4257

Radiology
Dr. Michael Maresca 769-4228
Dr. Terrence Schumpert 769-4228

Urology
Dr. Mel Buscemi 265-3458
Dr. Lars Thompson 265-3458

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**NOAMAN SANNI, M.D.**
Medical School: Dow Medical School
Residency: University of Chicago
Specialty: Ophthalmology
Sub Specialty: Corneal and Refractive Surgery
Length in Practice: 13 years

**DEBRA A. KOLOMS, M.D.**
Medical School: Loyola University Stritch School of Medicine
Residency: Loyola/Harnes VA
Specialty: Ophthalmology
Length in Practice: 23 years

**GRACE Y. BURKE, O.D.**
Optometry School: New England College of Optometry
Specialty: Optometry, Contact Lenses and Low Vision
Length in Practice: 15 years

**SHAFIQ JIVANJEE, M.D.**
Medical School: Tufts University
Residency: Albany Medical Center/Lyons Eye Institute
Specialty: Ophthalmology
Sub-Specialty: Glaucoma
Length in Practice: 6 years

**MARK HERSHOWITZ, O.D.**
Medical School: Pennsylvania College of Optometry
Specialty: Optometry, Contact Lenses, Co-Management of Cataracts, treatment of ocular diseases
Length in Practice: 25 years

**JONATHAN LUDLOW, O.D.**
Medical School: Illinois College of Optometry
Specialty: Optometry
Length in Practice: 8 years
Howard Orthotics & Prosthetics, LLC Awarded ABC Accreditation

Howard Orthotics & Prosthetics, LLC in Watertown, NY proudly announces a Three-Year Accreditation Award in orthotics and prosthetics by the American Board for Certification in Orthotics, Prosthetics & Pedorthics, Inc. Howard Orthotics & Prosthetics, LLC is recognized for achievements in the areas of Organizational Management, Patient Care Standards, Quality Assurance, Supplier Compliance and Facility and Safety Management. This award represents the highest level of accreditation achievable in the profession of orthotics and prosthetics.

“Howard Orthotics and Prosthetics, LLC has demonstrated its commitment to the provision of quality patient care services by seeking and attaining ABC accreditation,” said Catherine Carter, ABC’s Executive Director. “ABC has developed the highest standards for accreditation in the industry and is proud to include Howard Orthotics & Prosthetics, LLC among our over 1,400 accredited patient care facilities.”

Howard Orthotics & Prosthetics, LLC has been offering orthotic and prosthetic services in Jefferson, Lewis, Oswego, and St. Lawrence Counties since 2003. Roger Howard, CPO Owner/Clinical Director has been providing orthotic and prosthetic services in the Northern New York Region for 15 years. The American Board for Certification in Orthotics, Prosthetics, and Pedorthics, Inc. has been credentialing practitioners and organizations since 1948 in accordance with established standards of excellence in the delivery of comprehensive patient care. A not-for-profit organization headquartered in Alexandria, Virginia, ABC’s mission is to encourage and promote the highest standards of professionalism in the delivery of orthotic, prosthetic, and pedorthic services. ABC advances the competency of practitioners, promotes the quality and effectiveness of orthotic, prosthetic, and pedorthic care, and maintains the integrity of the profession.

For additional information about Howard Orthotics & Prosthetics, LLC, contact the office at (315) 786-8973 or visit us on the web at www.howardrehabcenter.com.
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Bud Hall
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Cheri Hazelton
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Please see inside for a complete listing of Samaritan physicians.